

Prairie State Canoeists

A Canoe and Kayak Club

Prairie State Canoeists was founded for the enjoyment of our beautiful outdoors and waterways of Northern Illinois and surrounding areas! We are a not-for-profit club that organizes trips and instruction for the pleasure and safety of canoe and kayak paddlers. More than 300 paddlers of all skill levels call PSC their club, and **we invite you to join us!**

For Skill, Enjoyment, Safety

Prairie State Canoeists is proud to have a long history of providing qualified canoe and kayak instructors certified by the American Canoe Association to instruct our members.

Our programming is focused on making sure both new and experienced paddlers are confident with their equipment and their skills and are safe on the water.

Intro to Canoe and Kayak
Moving Water 1 & 2
Pool Practice Sessions
Virtual Learning Opportunities
Coaching

Our river trips are rated for their difficulty and challenge, from Beginner to Expert, and more than 100 paddling trips are sponsored annually. Complete descriptions are posted on the web site.

When you decide to join a river trip, contact the Trip Leader for directions to the launch site and the starting time. Plan on arriving early to unload, prepare, and arrange the car shuttle. Cars are driven to the take-out location and you are shuttled back to the starting point. Your car will be waiting at the end of the trip.

If you need help getting started in your paddling career, we offer River Skills Workshops and encourage you to take advantage of the great opportunities we provide.

Instructional sessions throughout the year include Introduction to Canoe and Kayak, Moving Water 1 & 2, River Rescue, plus informal “coaching” trips.



Gathering Gear

What do I need?

A canoe or kayak, paddles, and a lifejacket (PFD).



What else do I need?

For clothing, synthetic materials stay warmer and dry faster than cotton.

In a dry bag: A complete change of clothing and carry-along necessities—water, lunch, first aid, rain gear, sunscreen, personal needs.

PSC uses social media to reach our members



Prairie
State
Canoeists

Facebook
[facebook.com/
groups/852333984822913/](https://facebook.com/groups/852333984822913/)



Adventure starts right here!

www.prairiestatecanoeists.org

Paddling trips • Social events
Training events • How-to advice
Paddler's marketplace • Club news
Trip reports • Open Forum
Places of interest

- Check out all the upcoming trips on our website.
- Receive members-only email and e-blasts.
- Sign up for our free River Skills Workshops starting Spring 2022.
- To become a member, go to our web site, where you can enter your personal contact information and pay the modest dues.

www.prairiestatecanoeists.org



Prairie State Canoeists is a club full of friendly members, and we enjoy meeting new paddling enthusiasts.

Together we have paddled thousands of miles, and members are more than willing to share our enthusiasm. We invite you along on our next adventure.

We'll help you with directions, and even help you unload your boat and carry it down to the water's edge.

We can help you stay safe and enjoy your time on the water with us.

Join us to enjoy the beautiful lakes and rivers throughout our area.

Plus

- Training by certified instructors
- Workshops
- Camping Trips
- Social Events
- and more...

Prairie State Canoeists

A Canoe and Kayak Club
• Founded in 1971 •



Join us for the 2022
Season!



www.prairiestatecanoeists.org